



## Other Resources - Introduction

In the other modules of this toolkit, we've provided some specific strategies and resources to support you in different aspects of returning to learning. Among other topics, we've talked about foundational skill development, employability skills and how to get ready to return to learning.

You may find that you need additional help to develop your skills. Or you may need some more assistance because English is not your first language. Or you may have some more specific questions that relate to the process of returning to school.

In this section of the Return to Learning Toolkit, we provide information about free local upgrading programs, English as a Second Language programs and some frequently asked questions (and answers) about going to in-school apprenticeship training at a college.

## Check Your Skills

First, let's check how you feel about your knowledge of other resources. We'll then come back and see how you feel at the end of the module. Read each of the statements below and select the response that best describes you today.

Statement	I can do this	I would like to do this better	I can't do this
I know about free upgrading programs in my community			
I know when I might need to contact a free upgrading program in my community			
I know about English as a Second Language programming in my community			
I know how to access support related to attending my in-school apprenticeship training (how to find my class(es), how to apply for Employment Insurance (EI), etc.)			